

- 1. <u>COMPETITION RULES</u>: Current World Athletics Rules, as amended by the Armed Forces Sports Council (AFSC), if applicable. The Armed Forces Championship is conducted in conjunction with the Marine Corps Marathon. The Armed Forces Marathon Championship consists of only those rosters/teams officially submitted by the respective Army, Marine Corps, Navy and Air Force sports offices. This competition does not include other military personnel (U.S. and international) that have registered and competed on their own.
- 2. <u>COURSE DISTANCES</u>: Olympic Distance: 26.2 miles
- 3. <u>SCORING AND FINAL TEAM STANDING</u>: Men and women team scores will be separated. The winning men and women team is determined by USA Track & Field's displacement scoring system. This system adds the place number finish of team's official scorers, with place numbers affixed through the Armed Forces event, not the overall Marine Corps Marathon event. The winning men's team is determined by adding the displacement finishers of the top four of the team's six men. The winning women's team is determined by adding the displacement finishers of the top two of the team's four women. The lowest displacement score shall determine the winning teams.
- 4. <u>TIE-BREAKER POLICY</u>: Time of first non-scorer for each team (Either the fifth male or the third female). Should one of the tied Services have only the minimum number of athletes, then the tie-breaker shall be based on the aggregate times of the "scoring runners" (E.g. total time of the four scoring men or the two scoring women).
- 5. <u>SCHEDULE OF EVENTS</u>: Events may change as determined by the race organizers.

a. Day One Teams Arrive

b. Day Two Organizational Meeting

Registration Course Review Team Photos

Armed Forces Race Meeting

Ice Breaker

c. Day Three Competition Commences

Awards Ceremony - (Time as determined by Race Director and announced in the LOI) Service teams are required to wear Service warmups at the awards ceremony. Individual athletes who do not comply will not receive awards, and if selected, will be removed from the Armed Forces team. If the Awards ceremony is conducted as a separate function in conjunction with the Ice- Breaker Social, then all Service Members must comply with Ice-Breaker Dress Policy. All six Service flags must be displayed if Service flags are posted. If all Service flags are not available, then the American flag and host Service flag shall be displayed.

e. Day Four Teams Depart

6. AWARDS:

- a. Individual: Awards are given to the top three finishers in the men's and women's divisions.
- b. <u>Team</u>: Individuals awards are given to each member of the first place and second place teams (to include the OIC).
- 7. <u>TEAM COMPOSITION ARMED FORCES CHAMPIONSHIP</u>: Roster not to exceed 12 individuals:

6 Men

4 Women

1 Ad Libitum

1 Coach/OIC

TOTAL: 12

Note: Rosters must be submitted NLT four days prior to championship report date. Team points and awards will only be awarded to official Service team members.

- 8. TEAM COMPOSITION CISM: As follows or as dictated by host country invitation:
 - 4 Men
 - 4 Women
 - 1 Coach
 - 1 Team Captain

TOTAL: 10

9. SELECTION PROCESS - CISM:

- a. Selections for the U.S. Armed Forces Team shall be made by application. Service members must apply through their respective sport offices and forwarded to the Marine Corps Sports office. Applications shall include events, times and results over the last two years. Applications are due by the prescribed deadline once established.
- b. Coaching Selection: Head Coach shall be the winning coach of each Men's/Women's Division. If there is only one coach from the Service who wins both divisions, or they are unavailable, or the invitation file only authorizes one coach, then the proponent Service for higher level competition shall select the coach from the pool of coaches among the participating Services (subject to review and approval by the AFSWG).

10. FORMS AND ROSTERS:

- a. All final rosters and code of conduct forms are due by the end of the organization meeting and shall be submitted electronically. Teams are not authorized to compete at the Armed Forces Championship until the final roster is submitted. Once finalized, the Service team is required to send the electronic roster to the Armed Forces Sports representative prior to the start of competition.
- b. All athletes, coaches and staff from each Service must sign the Armed Forces Sports Participant Code of Conduct (appendix D) in order to participate at the Armed Forces Championship, higher level competition, and CISM competition. All Higher Advancement Forms

must be submitted by the Officer in Charge of the respective Service at or before the organizational meeting at the Armed Forces Championship. Failure to do so shall disqualify athletes from advancing to higher level competition.

- c. All athletes, coaches and staff from each Service must sign the Armed Forces Sports Participant Code of Conduct (appendix D) in order to participate at the Armed Forces Championship. The Code of Conduct shall be submitted at the Organizational Meeting. If a training camp to higher level competition is conducted without the conduct of an Armed Forces Championship, then Team Captains shall have all participants sign the Code of Conduct immediately upon arrival and prior to any official activity. If an Armed Forces Championship or training camp is not conducted prior to, the Team Captain shall collect the Code of Conduct forms electronically prior to the delegation's departure to higher level competition. Failure to do so shall disqualify athletes from competing at the Armed Forces Championship and advancing to higher level competition.
- d. Team Captains, Coaches and Chiefs of Mission shall sign their respective LOI (appendix G/I).
- e. Athletes advancing to higher level competition must sign the anti-doping declaration form (appendix L).
 - f. All forms are available on the Armed Forces Sports Website at: www.armedforcessports.defense.gov
- 11. <u>ALCOHOL POLICY</u>: There will be no alcohol consumption at the sports venue by personnel involved in the Armed Forces Sports competition, higher level competition and CISM competition, including sports staff, until all competition for the day has been completed to include the award ceremony on the final day if the awards banquet immediately follows the event. The venue is defined as the playing area, venue parking lot, and the assigned eating/spectator area. This policy will not apply if the awards banquet or ceremony is conducted as a separate event. However, more restrictive installation policies regarding alcohol will take precedence. Violation of this policy shall result in immediate suspension from the remaining championship/event, disqualification from higher-level competition and selection to the All-Tournament Team and shall be subject to further administrative actions by the AFSWG.
- 12. <u>TOBACCO POLICY</u>: All competitors and staff shall refrain from the use of tobacco related products, to include cigarettes, vaping, chewing tobacco, and other smokeless forms at the competition site. Use of these products shall comply with local installation policies and shall only occur in designated areas.

13. ICE-BREAKER SOCIAL.

- a. Ice-breaker social shall be conducted at all Armed Forces Championships. Food/beverages are optional depending on the availability of funding/authorizations. If the event is conducted outside of a military installation, then the ice-breaker social shall be optional.
- b. Authorized team members must attend the event in their Service polo or logo shirt, coordinated slacks, and appropriate footwear (exceptions may be made dependent on host site letter of instruction). Guests may attend with pre-coordination with the host site and Service representative. Final decision will be based on availability. Guests will assume costs associated with attending the ice breaker.

- c. The Ice-Breaker Social is an official function and shall be conducted in accordance with local installation policies and all participants are expected to conduct themselves in the highest professional manner. Informal activities such as skits, hazing and other activities that include offensive language/behavior are not authorized.
- 14. <u>HANDLING OF RULE VIOLATIONS</u>: If there is a violation of the SOP or specific sport rule, the AFS Representative or in their absence, the project officer, will address the respective Service Representative to resolve the issue. Service Representative will resolve the violation before the Service competes in the next game. All code of conduct violations shall be handled according to the Armed Forces SOP (Paragraph 8.b.(4)(e)).
- 15. <u>SAFETY REQUIREMENTS</u>: All Armed Forces Sports shall comply with the safety procedures prescribed by USA Track and Field. Service Branches are encouraged to bring their own medical personnel with them to the competition.